



# HRD Network InfoExchange

HRD Network  
Board of Directors  
2008-2009

Lisa Pesta, *President*  
VP Human Resources  
Meriwest CU  
San Jose, CA

Rebecca Nixon, *Vice President*  
HR & Training Manager  
San Mateo CU  
Redwood City, CA

Lecia Roundtree,  
*Treasurer & President's  
Club Member*  
VP Human Resources  
San Mateo CU  
Redwood City, CA

Jenee Rawlings, *Secretary*  
VP-Lending, Marketing & HR  
Yolo FCU  
Woodland, CA

Janet Gaspard, *Director*  
HR Manager  
Los Angeles Police FCU  
Los Angeles, CA

E. Nanette Dalo, *Director*  
SVP / COO  
Allied Healthcare FCU  
Long Beach, CA

Shonna Shearson, *Director*  
Training Manager  
Kern Schools FCU  
Bakersfield, CA

Mark Manns, *Director*  
Employment Manager  
Kern Schools FCU  
Bakersfield, CA

Kate McPike, *CCUL Liaison*  
Sr Training Consultant  
& Professional Networks Manager  
California & Nevada Credit Union  
Leagues  
Rancho Cucamonga, CA

Gwen White  
Membership Associate

August 3, 2009

Where People and Ideas Meet

Page 1



## Surviving the Economic Jungle: Bright Ideas and Best Practices



**Northern California**  
Wednesday, September 23rd  
San Mateo Credit Union  
9:00 a.m. - 3:30 p.m.

**Free for HRD Network  
members and just \$15.00  
for non-members.  
Reserve your spot today!**

**Southern California**  
Thursday, September 24th  
LA Police Credit Union  
9:00 a.m. - 3:30 p.m.

[www.hrdnetwork.org](http://www.hrdnetwork.org)

STIMULATING GROWTH ● PROMOTING EDUCATION ● SHARING IDEAS ● CREATING VALUE



## INTRODUCING MY HRCENTRAL - A HRD NETWORK SPONSORED BENEFIT

Starting this week, HRD Network introduces **My HRcentral**, its own private labeled website whenever you want to access the benefits of the program you presently enjoy from LawRoom. Here's a peek at the website:

### YOUR PRESENT SPONSORED MEMBERSHIP INCLUDES:

- ▶ 3 concurrent users to access the program
- ▶ Weekly email updates to keep you current and challenged
- ▶ 6 company-wide annual memos (answers) & 6 forms (policies etc)
- ▶ On-demand Updates: online courses on changes in the law
- ▶ Access to 400 forms and policies to help you manage your business
- ▶ Electronic FileRoom to store briefings, memos, forms and policies
- ▶ **15% discount** for Business membership upgrade to unlimited access

*LawRoom also provides online training for AB 1825 and other courses.*

*15% discount for HRD.*

### WHY YOUR COMPANY PROFILE IS IMPORTANT

*The only online resource with customized answers!*

LawRoom's proprietary technology **tailors answers** to your company-- instantly and in writing. Plus, the answers **comply with both California and Federal law**. But, to enjoy customized answers, you must create a profile, which takes less than 5 minutes and is confidential. For non-California employees, you can get the National library (fed law).



## HRD Network Brown Bags

### Central California Area

Contact Shonna Shearson at Kern Schools FCU (661) 833-7944 or [shonna.shearson@skfcu.org](mailto:shonna.shearson@skfcu.org) for information on the next scheduled meeting.

### Inland Empire Area

Contact Emily Pearl at Service Plus CU (909) 680-1998 x104 or [epearl@servicepluscu.org](mailto:epearl@servicepluscu.org) for information on the next scheduled meeting.



### Beach Cities Area

**(Formerly Long Beach/South Bay Area)**

Contact Therese Levkulics at LBSFCU (562) 598-9007 x5210 or [tlevkulics@lbsfcu.org](mailto:tlevkulics@lbsfcu.org) for information.

### Los Angeles Area

Contact Janet Gaspard at LA Police FCU (818) 779-3316 or [jgaspard@lapfcu.org](mailto:jgaspard@lapfcu.org) for information on the next scheduled meeting.

### Orange County Area

Contact Courtney Lynch at Wescom CU (888) 493-7266 x4653 or [clynch@wescom.org](mailto:clynch@wescom.org) for information on the next scheduled meeting.

### San Diego Area

Contact Jose Ng at USA FCU (858) 831-8100 x511 or [jng@usafed.org](mailto:jng@usafed.org) for information on the next scheduled meeting.



### San Francisco Bay Area

Contact Rebecca Nixon at San Mateo CU at (650) 562-1223 or [rnixon@smcu.org](mailto:rnixon@smcu.org) for information on the next scheduled meeting.

### Sacramento Area

Contact Jenee Rawlings at Yolo FCU (530) 669-6321 or [jrawlings@yolofcu.org](mailto:jrawlings@yolofcu.org) for more information on the next scheduled meeting.

### Southern Nevada Area

Contact Ann Johnson at Silver State Schools CU (702) 697-8025 or [amj@silverstatecu.com](mailto:amj@silverstatecu.com) for information on the next scheduled meeting.

### Trainers Network (Northern California)

Contact Rebecca Nixon at San Mateo CU (650) 562-1223 or [rnixon@smcu.org](mailto:rnixon@smcu.org) for more information on the next scheduled meeting.

### (Southern California)

Contact Kate McPike at the California/Nevada Credit Union League (909) 581-3434 or [katem@ccul.org](mailto:katem@ccul.org) for more information on the next scheduled meeting.

*"The happiness of your life depends upon the quality of your thoughts. Therefore, guard accordingly."*

~ Marcus Aurelius Antoninus Augustus, Roman emperor (121-180)

*"If feedback is the breakfast of champions — then regular feedback is a diet we can live on forever."*

~ **Peter Thomson:**  
U.K. strategist on business and personal growth.

Mark your calendar and plan to join your colleagues at these **FREE** Brownbag meetings!

## HRD NETWORK INFORMATION EXCHANGE

The next InfoExchange will be sent out on **Monday, August 17, 2009**. Any information or job posting needs to be submitted by the Friday before. Thank you and please send your information to Nanette Dalo of Allied Healthcare FCU at [ndalo@ahfcu.org](mailto:ndalo@ahfcu.org).

Los Angeles Area  
HRD Network  
Brown Bag Meeting  
Friday, July 24, 2009  
Premier America Credit Union



Many thanks to Judy Finkel for hosting this meeting at her credit union, and for Janet Gaspard, LA Police FCU as the Brown Bag Coordinator.



Seated from left to right: (Front) Nanette Dalo-Allied Healthcare FCU, Rebecca Barnes-Glendale Area of Schools FCU, Judy Finkel-Premier America CU, Janet Gaspard-LA Police FCU, Yolanda Cuevas-Burbank FCU; Standing: Nina Kittlitz-O'Rourke, Mitchell & Associates, Gwen White-Membership Associate, Michele S Patterson-Law Offices of Michele S Patterson, Laura Conover-Conover Consulting, Peggy Porter-Water & Power Community CU, Brian Blake-Telesis Community CU, and Monie Hamilton-Cal Tech Employees FCU.

### Job Listings & Resumes

IHRD Network Members: If you would like information on how to place an ad with the HRD Network, contact Nanette Dalo at: (562) 933-0378 \* Fax (562) 933-0921 \* e-mail: [ndalo@ahfcu.org](mailto:ndalo@ahfcu.org)  
Please send requests of 200 words or less by Fridays at Noon.  
All members of our Job Placement Service are Equal Opportunity Employers M/F/DV.



HRD Network  
PO Box 910  
Redwood City, CA  
94064-0910

[www.hrdnetwork.org](http://www.hrdnetwork.org)



### Document Imaging Assistant

We are seeking a positive, detail oriented, self-motivated individual to handle the daily processing of optically stored financial documents. This person will index and maintain documents within database, managing disk space accurately and efficiently. This position requires two years' experience using business application software and the ability to navigate windows-based programs. Financial institution knowledge is a plus.

Applications are available on line at [sesloc.org](http://sesloc.org) or can be picked up at:  
Sesloc Federal Credit Union  
11491 Los Osos Valley Road  
San Luis Obispo, CA 93405

[072009-090409]

### Dear HRD Network Member,

Your HRD Network Board of Directors continue to work toward providing you with valuable and helpful information. We are conducting a Benefit Survey to gather useful data regarding benefits and we invite you to participate in our survey. In an effort to reduce the amount of e-mails you receive, we will compile the data we gather and forward you the results. The deadline to participate is August 14th. To participate, please click on the link below.

### [HRD Network Benefit Survey](#)



### *Where People and Ideas Meet*

Serving Human Resources and Training professionals in Credit Unions in California, Nevada and Utah since 1986.

• HRD Network • P.O. Box 910 Redwood City, CA 94064-0910 • [hrdnetwork.org](http://hrdnetwork.org) •

